

## Trauma and Attachment What every caregiver and professional needs to know

# June 6 2018 10 am - Noon

In this session, participants will be given an introduction to Attachment Theory, and will learn about Attachment Trauma, Attachment Disorders, and the continuum of Attachment. Additionally, participants will learn about the importance of healthy/secure Attachment and ways to foster secure Attachment.

#### Learning Outcomes:

- 1. Participants will gain an understanding of the Attachment system and the importance of healthy/secure Attachment.
- 2. Participants will learn about Attachment trauma and the risk factors associated with Attachment Disorders.
- 3. Participants will learn about ways to foster secure attachment relationships in parent-child dyads.

#### Presented by: Melanie Jonkman

Melanie is a Registered Psychologist specializing in Child Trauma and Attachment. She holds a Master's Degree from the University of Alberta. Melanie has over 15 years of experience working with complex developmental trauma and its impact on children, youth, and families. She is a certified Hakomi Therapist and TCI (Therapeutic Crisis Intervention) trainer and has various trainings related to evidence-based trauma treatment. She has worked in the area of children's mental health as the Clinical Lead for a Trauma Program and Trauma and Attachment Group Program and is currently a Senior Therapists working at Little Warriors/Be Brave Ranch.

Trauma Information Series Seggion 5 of 6

JOIN US ON JUNE 6 FOR OUR SECOND LAST SESSION IN THE TRAUMA INFORMATION SE-RIES. IF YOU HAVE MISSED ANY OF THE PRE-VIOUS SESSIONS, YOU CAN VIEW THE REC-ORDED VIDEO ON OUR WEBSITE AT WWW.FIRSTNATIONSTH.CA

**TARGET AUDIENCE**: ANY ONE WHO IS IN-TERESTED IN EXPANDING THEIR KNOWLEDGE ABOUT TRAUMA AND ATTACHMENT

### UPCOMING SESSIONS IN THE TRAUMA IN-FORMATION SERIES:

 TRAUMA: THE IMPACT ON THE INDI-VIDUAL AND FAMILY SYSTEM (JUNE 20TH, 2018)

HOW TO REGISTER: VISIT THE FIRST NA-TIONS TELEHEALTH NETWORK PORTAL (WWW.FIRSTNATIONSTH.CA) TO REGISTER TODAY.

VIEW PREVIOUS RECORDINGS: TO VIEW ANY MISSED SESSIONS, <u>CLICK HERE</u>

FOR FURTHER INFORMATION CONTACT THE FIRST NATIONS TELEHEALTH NETWORK TO-DAY AT 1-888-999-3356 OR VCHELP@FIRSTNATIONSTH.CA